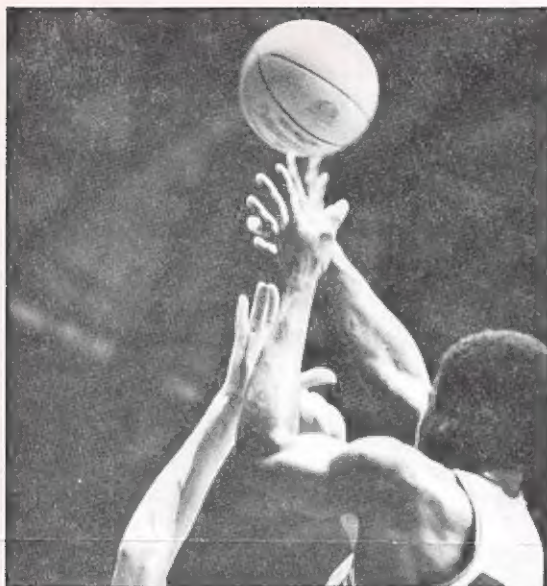


List of Bishops Etc. & Wives

1. Presiding Elder William Meeks: ∞ Mary Elizabeth Rhodes } Presiding Elders of Heber Branch
2. " " William Madison Wall ∞
 1. Nancy
 2. Emma
 3. Elizabeth
 4. Susie
 5. Sarah
3. Bsp Joseph Stacey Murdock of Heber Ward
 1. Eunice Sweet
 2. Eliza Clark
 3. Jane Sharp
 4. Elizabeth Hunter
 5. Pernetta Murdock-Indian girl
4. Bp Abram Hatch of Heber ward
 - 1.
5. Bsp Thomas Rasband - of Heber East ward
∞ Elizabeth Giles
6. Bsp Robert Stone Duke " " " "
∞ Annie Ross Young
7. Bsp Robert Duke " " " "
∞
8. Bsp Geo. Frank Ryan " " " "
∞
9. Bp Leo B. Stanley " " " "
∞
10. Bsp Joseph Olpin " " " "
∞ Violet
11. Bsp Heber M. Rasband " " " "
∞ Birdie
12. Bsp Harold H. Smith " " " "
∞ Mabel
13. Bsp Ervin J. Anderson " " " "
∞ Florence
14. Bsp Leo Holmes " " " "
∞ Clara Price
15. Bsp Larry B. Duke " " " "
∞ Jo Ann
16. Bsp Michael Moulton " " " "
∞ Ann
17. Bsp Ralph R. Duke
∞ Kim

March, 1983



THE SEASON FOR
REBOUND PHENOMENON

Dear Doctor:

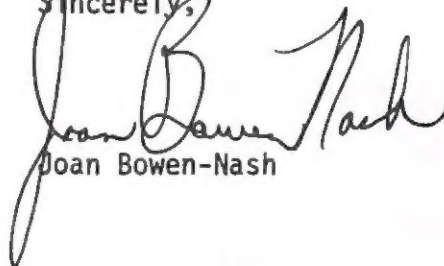
During the cold and flu season, you are likely to see more cases of the rebound phenomenon due to excessive use of topical decongestants.

The first thing many people do when they catch cold is to start using a decongestant spray. For a time they feel better but after a while, their noses may seem more clogged than before. Finally, they come to you for help.

Unlike topical decongestants, AYR Saline Nasal Mist and Drops may be used by people of all ages including infants and children. It safely provides moisture necessary to thin secretions and soothe membranes irritated by colds, allergies, nose bleeds and environmental dryness. It can also be used by pregnant women who should avoid drugs.

Another pad of AYR recommendation sheets is enclosed for your convenience.

Sincerely,



Joan Bowen-Nash

JBN:fm

Enclosure

P.S. Need AYR Mist or AYR Drops samples? Just drop me a note.

